

# Quaker Ridge Camp - Rules/Regulations

**1. DRINK LOTS OF WATER!** You are at 9,000 feet. Without water you will shrivel up like a raisin and die. We sell water in the camp store but you don't need to spend money to stay hydrated. Remember: Evian spelled backwards is Naïve! All the water taps in the camp are drinkable. This is 100% pure Rocky Mountain Spring Water and is delicious.

**2. BOUNDARIES:** Quaker Ridge staff cabins, houses and shop areas are off limits! (west side of camp). This boundary would be the West road along the putt putt course and behind Turner Lodge - **DO NOT CROSS THAT ROAD!!!** Also stay out of the barn and corrals. Horses are friendly when ridden but do **NOT** like having their space invaded. The pool is **OFF LIMITS** when the lifeguard is not present.

When going to meals at the dining hall **PLEASE USE THE STAIRS OR THE ROAD!** Do not cut down the big hill. We are trying to grow grass on the hill to prevent erosion.

**3. NO GUM!** Gum is **EVIL!** Gum finds its way into our dishwashing machine, the sidewalks, the floors, the carpets and your counselor's hair. Gum is our sworn enemy; please do not support the enemy!

**4. WILDLIFE:** Besides Jr. High boys, Quaker Ridge has all kinds of wildlife: mice, chipmunks, squirrels, raccoons, deer, elk, coyotes, mountain lions and **BEARS!!!**

Stay out of the woods at night except in large groups. **KEEP YOUR DOORS AND WINDOWS CLOSED AT NIGHT!** Don't keep food in your cabin.

If you see a bear or mountain lion, **DO NOT RUN AT IT OR THROW THINGS AT IT!!!!** This will only make the animal mad. He is not afraid of you, you are a food source to him (one way or another). **WALK SLOWLY AWAY FROM THE BEAR AND INTO THE NEAREST BUILDING WITHOUT TURNING YOUR BACK ON IT.** If the bear is mad and wants to attack, **THEN AND ONLY THEN** make a lot of noise and wave your arms. If a bear or mountain lion does attack you, he intends to kill and eat you. **DO NOT PLAY DEAD!** That is a myth. Fight back with everything you have!

**5. NO TOBACCO, ALCOLHOL OR ILLEGAL DRUGS!**

**6. TOILETS:** Toilets are our friends – **FLUSH AFTER EVERY USE!** Hold the handle down and count to three before releasing. Don't do the "Hit and Run", make sure it flushes completely. And **PLEASE:** nothing but toilet paper in the toilets. **NO** feminine products, paper towels or Kleenex. Please use the wastebasket in each stall for **EVERYTHING** else. If a toilet does get clogged, report it to your counselor immediately so they can notify the camp staff. No floods allowed!

**7. DO NOT LITTER!** These mountains don't need your trash. Use the trash barrels provided inside and outside your dorms and around the camp.

**8. All Camp Emergency:** Fire, lost camper, etc. – will turn on the siren located on the north porch of Clark Lodge. That is signal for **EVERYONE** to gather in the b-ball court area for instructions and/or head count.

**9. Lost Campers/Staff:** Stay in a group and **STOP!** Do **NOT** continue to hike/bike/whatever. Select two people from group to climb to nearest safe high point to get cell phone reception. Leave a trail to get back to your group – use pine cones, rocks, etc. for directional arrows or markers. Call 911 if there is an emergency. Then call someone at the camp. They will get the QRC Guest Relations staff person who will try to discern the lost camper's location through visual references and either talk them back to camp or go out and find them.